Your Child and Technology Presentation



Spruce Street
Thursday,
May 12th

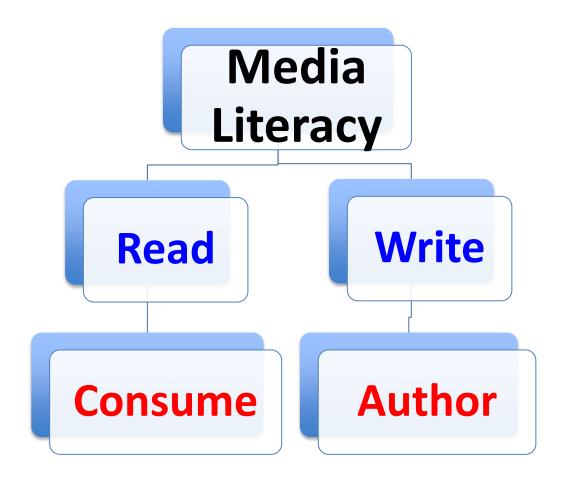
National Association for Media Literacy Education

The NAMLE vision is to help individuals of all ages develop the habits of inquiry and skills of expression that they need to be critical thinkers, effective communicators and active citizens in today's world.



What is Media Literacy?

The ability to access, analyze, create, evaluate and act using all forms of communication.



...with all media texts available in the 21st century lt's an expanded concept of literacy.

Always Connected*...

On any given day, American teenagers (13-18) average about nine hours of entertainment media use, excluding time spent at school or for homework. Tweens (8-12) use an average of about six hours' worth of entertainment media daily.



Media Saturation

Opportunity





VS.

Risk

ASKING QUESTIONS, NOT MAKING JUDGEMENTS





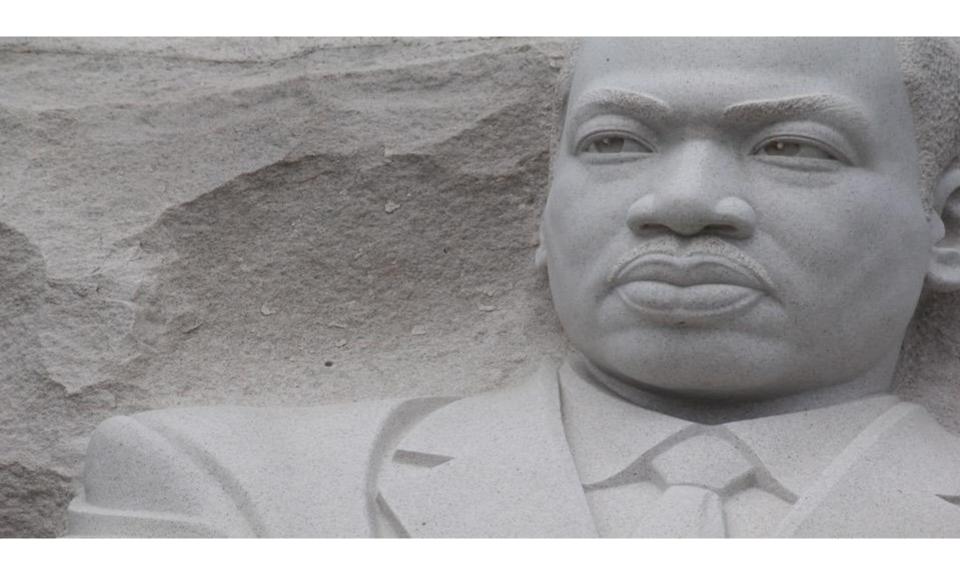




TAKING TIME TO FIND OUT MORE ABOUT THE STORY

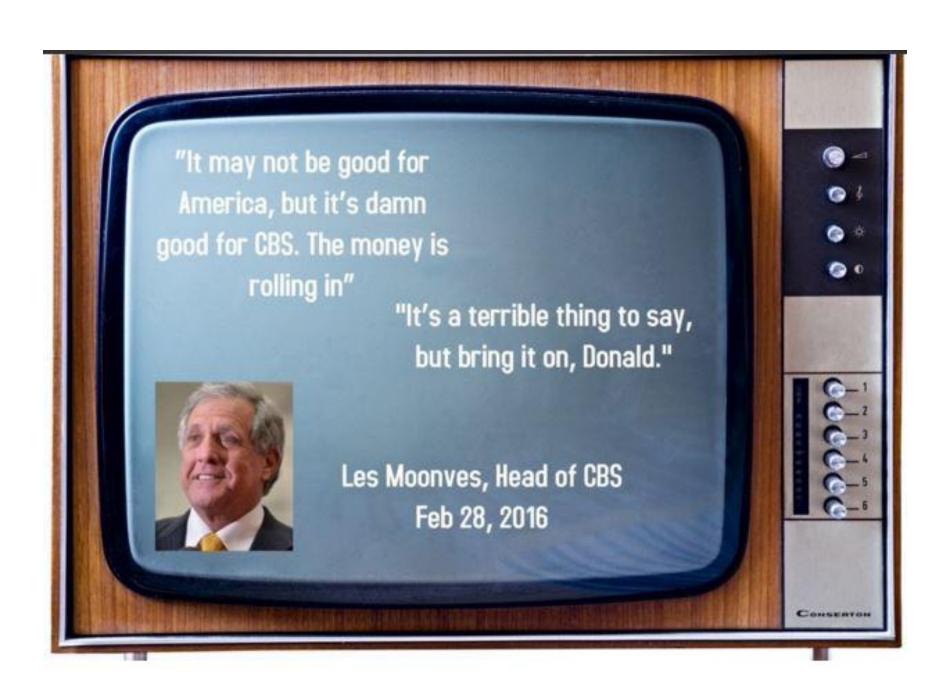




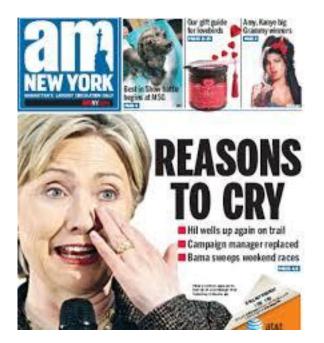


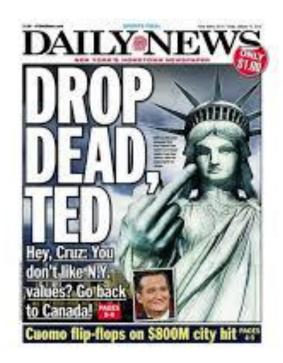


KNOWING HOW THE MEDIA INDUSTRY WORKS







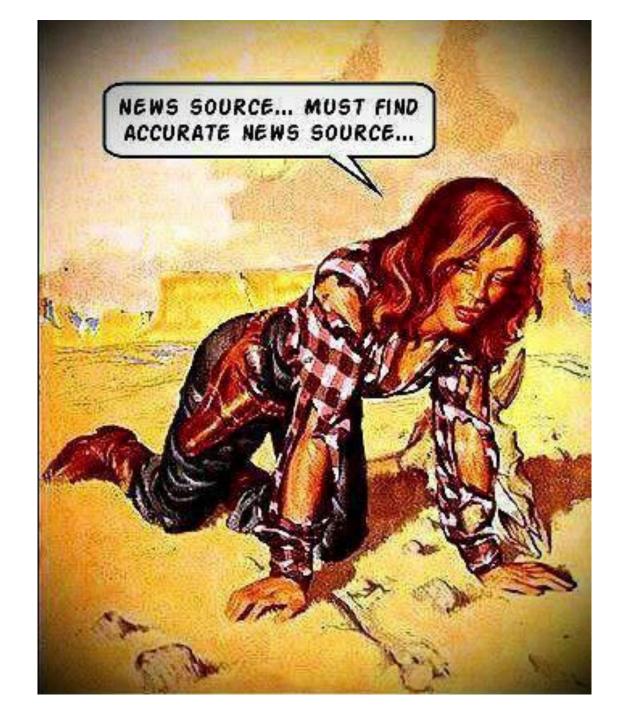








KNOWING HOW TO FIGURE OUT FACT VS. FICTION



Why is Media Literacy important?

Your beliefs become your thoughts, Your thoughts become your words, Your words become your actions, Your actions become your habits, Your habits become your values, Your values become your destiny.

— Mahatma Gandhi

Where do we get our beliefs?

What are the messages we are getting?



































































































































































Parents today are the last people in history to know life with and without the Internet.

Adolescents/ Teenagers Always and Today

- Finding their identity
- Want privacy and separation
- Brain is developing
- Risk takers, boundary pushers
- Less freedom to wander
- More scheduled
- More parental involvement
- Academic pressure

What Adults Are Worried About

- Media is personal, private and portable
- Access to inappropriate content
- Behaving inappropriately
- Cyberbullying
- Privacy
- Addiction
- Not relating to others face-to-face
- Multitasking
- The ability to assess credibility
- Lack of patience, frustration intolerance
- Physical health effects
- Ability to stay current and up to date

It's not our job as parents to put away the phones. It's our job to take out the phones and teach our kids how to use them.

- A. Samuel, The Atlantic

The 5 E's

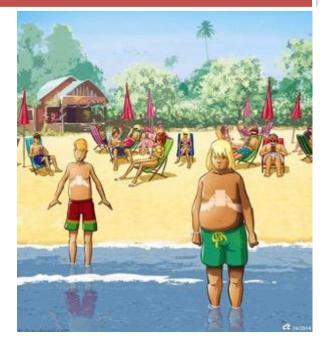
EXPLAIN

EMPOWER

ENGAGE

EDUCATE





Explain

- Outline your expectations
- Discuss the technology
- Overview the etiquette
- Talk about technology before you purchase it
- Set guidelines and rules before usage
- Be proactive not reactive

Engage

- Get to know the social media apps
- Talk about the media they use
- Discuss movies, TV programs, You Tube videos
- Make sure your conversations aren't only about what they shouldn't be doing
- Tell them about the media you like
- Ask questions

Empathize

Kids are growing
up in a public space.
We made mistakes in private.
Kids today don't have that luxury.
Consequences are far greater.

Educate

- Prepare vs protect
- Teach vs tell
- Explore the subject
- Learn how to have meaniteracy conversations in the home



Empower

- Encourage their media creation
- Tell them about new apps, new sites
- Sign them up for classes
- Teach them new skills

I am worried that kids will not have face to face people skills. They will only know how to communicate on social media and not in person.

Personally, I'm worried about the darker side of the internet where really malicious things happen. It's really creepy.

If we have such big problems with social media then what's going to happen to our children?

What is your favorite thing about social media?

I get to show off who I am.

What is your least favorite thing about social media?

I have to share who I am.

With great power, comes great responsibility.



- Be a role model
- Create a road map
- Pace Yourself
- Technology use is a privilege that should be earned

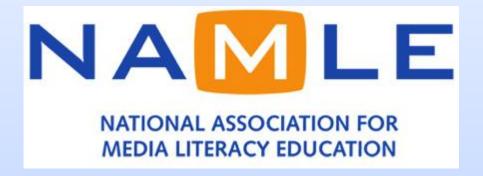
Sample Road Map

- 0-2 years old no technology
- 3-5 years old limited screen time, educational content, co-use
- 6-8 years old personal home device, entertainment content, monitor
- 9-11 flip phone, texting, gaming system
- 12-14 smartphone, limited social media, controls
- 15 18 personal laptop, social media access of their choice

Parenting 101

"The best way to deal with the present and future challenges is to return to the parenting basics. The pitfall many parents succumb to is the belief that the rules have somehow changed, just because technology has. But that isn't the case. Instead, we just need to apply the same parenting strategies and beliefs to the technology! Parents must identify and outline the principles and values that underlie their parenting cornerstones and then adapt and apply those to the technology."

- Janell Burley Hoffman, iRules



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